



CME Article



Center of Excellence for Electronic Learning in
Medical Sciences

Title: Prevalence of Hypercholesterolemia, High LDL, and Low HDL in Iran: A Systematic Review and Meta-Analysis

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Learning objectives: By studying this paper, the readers will be able to learn:

1. Learn about the various types of dyslipidemia in Iran.
2. Learn the importance of reducing the burden of cardiovascular disease in the Iranian population by controlling the different types of dyslipidemia.
3. Learn about the prevalence of dyslipidemia with respect to gender in Iran.
4. Learn the components of lipids as investigated in the present systematic review.

Target groups:

Physicians, Healthcare policy-makers, Researchers