Title: Concept of Atherosclerosis Velocity: Is It a Better Measure of Cardiovascular Risk?

Learning objectives:
By studying this paper the readers will be able to:
Understand the process of atherosclerosis,
Achieve sufficient knowledge regarding the phases of atherosclerosis,
Obtain enough insight into the role of inflammation in the atherosclerosis mechanism,
Recognize the importance of time in the atherosclerosis context,
Be familiar with the suggested concept of atherosclerosis velocity, and
Underscore the necessity for the application of the atherosclerosis velocity concept in further research and practice.

Target groups:
General practitioners; Nutritionists; Internists; Cardiologists; Cardiovascular Surgeons