Title: The Effects of Whole Body Vibration on Mobility and Balance in Parkinson Disease: a Systematic Review

Learning objectives:

By studying this paper the readers will be able to:

1. Obtain a comprehensive understanding on how whole body vibration affects postural mobility control in individuals with Parkinson disease.
2. Obtain quantitative and qualitative information about important variables modulating mobility and balance control in individuals with Parkinson disease.
3. Obtain a perspective on discrepant results among studies on the effects of whole body vibration on postural mobility control in individuals with Parkinson disease, identify areas of concurrence and learn important parameters for consideration in future studies.

Target groups:
Clinicians and practitioners working with individuals with Parkinson disease.
Researchers investigating the effects of modality interventions in patient populations