



CME Article



Center of Excellence for Electronic Learning in  
Medical Sciences

Title: Explanatory Model of Voluntary Childlessness among Iranian Couples in Tehran: A Grounded Theory Approach

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**Learning objectives: By studying this paper, the readers will be able to learn:**

1. The paradigm model for permanent voluntary childlessness among Iranian couples.
2. The decision-making process for voluntary childlessness and its consequences.
3. Causal conditions, strategies, contextual conditions, core phenomenon, and consequences of permanent voluntary childlessness.
4. How intervening and contextual conditions affect voluntary childlessness.
5. The effect of extreme individualism on voluntary childlessness.

**Target groups:**

General practitioners, Psychologists, Family nurses, Health education specialists, Social welfare professionals