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CME Article



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Title: Effectiveness of Group Narrative Therapy on Depression, Quality of Life, and Anxiety in People with Amphetamine Addiction

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Learning objectives: By studying this paper, the readers will be able to learn:

- 1. Learn about narrative therapy as a type of postmodern approach to counseling.
- 2. Learn about narrative therapy group intervention.
- 3. Use group narrative therapy as a counseling guide.
- 4. Overcome potential research limitations in future studies.

Target groups:

Psychotherapists, Narrative therapists, Counselors, Social workers