

Direction

- 1) At what percentage does the World Health Organization estimate drug abuse in Iran?
 - a. 3%
 - b. 2.4%
 - c. 1.3%
 - d. 5%
- 2) According to the UNOCD, what is the descending order of the substances most abused?
 - a. Methamphetamine and marijuana
 - b. Marijuana and methamphetamine
 - c. Opium and methamphetamine
 - d. Marijuana and Opium
- 3) Why do athletes, students, and workers use stimulants?
 - a. Weight control
 - b. Performance-enhancement
 - c. Both a and b
 - d. None of the above
- 4) Which of the following is not caused by methamphetamine use?
 - a. Euphoria
 - b. Dysphoria
 - c. Loss of appetite
 - d. Decreased awareness
- 5) Which of the following is the result of chronic abuse of amphetamine?
 - a. Weight loss
 - b. Chronic skin lesions
 - c. Ischemic colitis
 - d. All of the above
- 6) What is indicative of the comedown phase?
 - a. Depression
 - b. Stress
 - c. Weight loss
 - d. Relaxation
- 7) Which therapy encourages people to view life as a continuous and logical narrative in order to advance their future goals and expectations?
 - a. Cognitive-behavioral therapy
 - b. Narrative therapy
 - c. Behavioral therapies
 - d. All of the above
- 8) Which statement gives a full description of narrative therapy?
 - a. Narrative therapy is a type of postmodern approach to counseling
 - b. Narrative therapy is effective in patients with substance abuse
 - c. Group narrative therapy reduces depression in women and anxiety in students
 - d. All of the above
- 9) Which of the following was not an inclusion criterion in our clinical trial?
 - a. Major depression
 - b. 20-55 years old
 - c. High school education
 - d. Informed consent

- 10) Which of the following was an exclusion criterion in our clinical trial?
 - a. Mild depression
 - b. Absence of disease
 - c. Suicidal tendency
 - d. Lack of concurrent psychiatric treatment
- 11) Which questionnaire was not used in our study?
 - a. Beck depression inventory-II
 - b. Quality of life questionnaire
 - c. Beck anxiety inventory
 - d. WHOQOL-BREF
- 12) How many group narrative therapy intervention sessions were conducted?
 - a. 7
 - b. 8
 - c. 9
 - d. 10
- 13) Which session included an exercise on problem externalization?
 - a. First session
 - b. Second session
 - c. Third session
 - d. Fourth session
- 14) What was the focus of the sixth session of the group narrative intervention guide?
 - a. Mind and body relaxation exercises
 - b. Training on how to identify addiction and group discussion
 - c. Training on how to change problematic behavioral patterns
 - d. Building a satisfying relationship with oneself
- 15) Which session of the group narrative intervention focused on building a satisfying relationship with oneself?
 - a. Sixth session
 - b. Seventh session
 - c. Eighth session
 - d. Ninth session
- 16) Which data analysis methods were used to compare the independent groups?
 - a. Chi-square test and Independent Samples *t* test
 - b. Paired samples *t* test and Chi-square test
 - c. Kolmogorov-Smirnov and Chi-square test
 - d. Kolmogorov-Smirnov and paired-samples *t* test
- 17) What is the view of narrative therapists on people's stories about their experiences?
 - a. It is a reflection of their mental pattern, based on which realities are understood and created
 - b. It allows individuals to formulate a logical sequence, in the form of a timeline, and to review and process their memories, feelings, and thoughts
 - c. It helps people to rationally reconsider past experiences and present events, and re-define the future
 - d. All of the above
- 18) What is the main weakness of narrative therapy?
 - a. Re-experiencing of past memories and emotions
 - b. It has an average to low impact on non-clinical and clinical populations
 - c. Quality of life is unaffected by the therapy
 - d. It is not very effective compared to other treatments

- 19) What was the main conclusion of the present study about the effect of group narrative therapy in patients with amphetamine addiction?
- It reduced the level of depression and anxiety
 - It reduced the level of depression and quality of life
 - It reduced the level of anxiety and quality of life
 - It reduced the level of depression, anxiety, and quality of life.
- 20) What was not a limitation in our study?
- Inhomogeneity and variation of variables personality factor
 - Inhomogeneity and variation of variables physical factor
 - Diversity of economic variables
 - Diversity of political variables