



CME Article



Center of Excellence for Electronic Learning in
Medical Sciences

Title: **Determinants of Outpatient Health Services Utilization According to the Andersen Behavioral Model: A Systematic Scoping Review**

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Learning objectives:

1. Define Health Services Utilization (HSU) and explore a multitude of factors affecting it.
2. Explain the Andersen Behavioral Model (BM) of HSU.
3. Explain why HSU patterns are different from one individual to another.
4. Explain the three components of BM, which are presumably associated with HSU and could be applied as the predictors of utilization.
5. Explain the ingredients of each component (i.e. predisposing factors, enabling factors, and need-related factors) of BM.
6. Explain the differences between individual-level and contextual-level factors affecting HSU.
7. Explain the relationship between predisposing factors, enabling factors, and need-related factors and outpatient HSU.

Target groups:

Health policy-makers, Health economists, Health and social welfare specialists, Health policy specialists, PhD candidates in health and social welfare, Health service providers, Hospital managers, Medical students, General practitioners, Specialists, Dentists, Nurses, Midwives, Health researchers, and Social workers